



## 29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

### Detailed evaluation

Schlesiger, Hubertus

Club: Nordhausen

Number: 140

Course: 7.20 km

Pokallauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 32:41

Speed: 12.85 km/h

Running performance: 4:32 min/km

Rank in course/Total: 19 (of 55)

Rank in course/Men: 18 (of 44)

Best time in course: 20:47

Rank in category: 1(of 3)

Best time in the category: 32:41