



6. Pleß-Berglauf & Bergzeitfahren inkl. Run & Bike Wertung  
Breitungen / 12.04.2015

Detailed evaluation

Frenz, Sascha

Club: LT Moorgrund  
Number: 106

Course: 6.36 km  
Berglauf

Category:  
Senioren M30

Total time: 41:43

Speed: 8.63 km/h  
Running performance: 6:34 min/km

Rank in course/Total: 47 (of 67)

Rank in course/Men: 40 (of 52)

Best time in course: 27:33

Rank in category: 9(of 10)

Best time in the category: 29:03