



6. Pleß-Berglauf & Bergzeitfahren inkl. Run & Bike Wertung  
Breitungen / 12.04.2015

Detailed evaluation

Ihling, Carmen

Club: Tv Barchfeld

Number: 148

Course: 6.36 km

Berglauf

Category:

Seniorinnen W50

Total time: 43:44

Speed: 8.23 km/h

Running performance: 6:53 min/km

Rank in course/Total: 52 (of 67)

Rank in course/Women: 9 (of 15)

Best time in course: 28:10

Rank in category: 3(of 4)

Best time in the category: 36:20