



6. Pleß-Berglauf & Bergzeitfahren inkl. Run & Bike Wertung  
Breitungen / 12.04.2015

Detailed evaluation

Zamzow, Stephanie

Club: Rhöner Wintersportverein  
Number: 121

Course: 6.36 km  
Berglauf

Category:  
Seniorinnen W55

Total time: 45:54

Speed: 7.84 km/h  
Running performance: 7:13 min/km

Rank in course/Total: 56 (of 67)  
Rank in course/Women: 11 (of 15)  
Best time in course: 28:10

Rank in category: 2(of 2)  
Best time in the category: 44:22