



6. Pleß-Berglauf & Bergzeitfahren inkl. Run & Bike Wertung
Breitungen / 12.04.2015

Detailed evaluation

Kornhas, Christoph

Club: SV Emsetal

Number: 137

Course: 6.36 km

Berglauf

Category:

Senioren M30

Total time: 29:03

Speed: 12.39 km/h

Running performance: 4:34 min/km

Rank in course/Total: 6 (of 67)

Rank in course/Men: 4 (of 52)

Best time in course: 27:33

Rank in category: 1(of 10)

Best time in the category: 29:03