



12. Werraenergie Pleßlauf  
Breitungen / 23.08.2015

Detailed evaluation

Esche, Sonja

Club: LSV Lok Arnstadt  
Number: 471

Course: 10.50 km  
10 km Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 58:25

Speed: 10.27 km/h

Rank in course/Total: 56 (of 91)

Rank in course/Women: 10 (of 26)

Best time in course: 40:22

Rank in category: 5(of 9)

Best time in the category: 51:15