



12. Werraenergie Pleßlauf

Breitungen / 23.08.2015

Detailed evaluation

Krieghoff, Marcel

Club: USV Erfurt

Number: 331

Course: 30.00 km

30 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:53:01

Speed: 15.93 km/h

Rank in course/Total: 2 (of 29)

Rank in course/Men: 2 (of 22)

Best time in course: 1:43:45

Rank in category: 1(of 3)

Best time in the category: 1:53:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Pleß	18.00	1:09:52	15.46	1	-	2	6:12	18.00	1:09:52	15.46	1	-	2	6:12
Pleß	4.00	16:06	14.91	1	-	2	1:18	22.00	1:25:58	15.35	1	-	2	7:30
Festplatz	8.00	27:03	17.74	1	-	2	1:46	30.00	1:53:01	15.93	1	-	2	9:16