



12. Werraenergie Pleßlauf

Breitungen / 23.08.2015

Detailed evaluation

Greiner, Daniel

Club: SV Sömmerda

Number: 309

Course: 30.00 km

30 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:05:56

Speed: 14.29 km/h

Rank in course/Total: 3 (of 29)

Rank in course/Men: 3 (of 22)

Best time in course: 1:43:45

Rank in category: 2(of 3)

Best time in the category: 1:53:01

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------|-------------|---------------|---------------|-------------|----------------|-------------|---------------|---------------|---------------|---------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Pleß | 18.00 | 1:18:02 | 13.84 | 2 | 8:10 | 3 | 14:22 | 18.00 | 1:18:02 | 13.84 | 2 | 8:10 | 3 | 14:22 |
| Pleß | 4.00 | 17:50 | 13.46 | 2 | 1:44 | 4 | 3:02 | 22.00 | 1:35:52 | 13.77 | 2 | 9:54 | 3 | 17:24 |
| Festplatz | 8.00 | 30:04 | 15.96 | 2 | 3:01 | 3 | 4:47 | 30.00 | 2:05:56 | 14.29 | 2 | 12:55 | 5 | 22:11 |