



12. Werraenergie Pleßlauf

Breitungen / 23.08.2015

Detailed evaluation

Jurkschat, Wolf

Club: Rennsteiglaufverein

Number: 315

Course: 30.00 km

30 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:06:18

Speed: 14.25 km/h

Rank in course/Total: 4 (of 29)

Rank in course/Men: 4 (of 22)

Best time in course: 1:43:45

Rank in category: 1(of 2)

Best time in the category: 2:06:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Pleß	18.00	1:18:23	13.78	1	-	4	14:43	18.00	1:18:23	13.78	1	-	4	14:43
Pleß	4.00	17:49	13.47	1	-	3	3:01	22.00	1:36:12	13.72	1	-	4	17:44
Festplatz	8.00	30:06	15.95	1	-	4	4:49	30.00	2:06:18	14.25	1	-	6	22:33