



12. Werraenergie Pleßlauf

Breitungen / 23.08.2015

Detailed evaluation

Jurkschat, Wolf

Club: Rennsteiglaufverein

Number: 315

Course: 30.00 km

30 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:06:18

Speed: 14.25 km/h

Rank in course/Total: 4 (of 29)

Rank in course/Men: 4 (of 22)

Best time in course: 1:43:45

Rank in category: 1(of 2)

Best time in the category: 2:06:18

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------|-------|---------|-------|------|--------|-----|--------|-------|---------|-------|------|--------|-----|--------|
| | km | Time | km/h | Cat. | Cat. | Men | Men | km | Time | km/h | Cat. | Cat. | Men | Men |
| Pleß | 18.00 | 1:18:23 | 13.78 | 1 | - | 4 | 14:43 | 18.00 | 1:18:23 | 13.78 | 1 | - | 4 | 14:43 |
| Pleß | 4.00 | 17:49 | 13.47 | 1 | - | 3 | 3:01 | 22.00 | 1:36:12 | 13.72 | 1 | - | 4 | 17:44 |
| Festplatz | 8.00 | 30:06 | 15.95 | 1 | - | 4 | 4:49 | 30.00 | 2:06:18 | 14.25 | 1 | - | 6 | 22:33 |