



# 12. Werraenergie Pleßlauf

Breitungen / 23.08.2015

## Detailed evaluation

**Hempel, Kristin**

Club: Team Werraenergie

Number: 306

Course: 30.00 km

30 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 2:16:21

Speed: 13.20 km/h

Rank in course/Total: 7 (of 29)

Rank in course/Women: 1 (of 7)

Best time in course: 2:16:21

Rank in category: 1(of 1)

Best time in the category: 2:16:21

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Pleß	18.00	1:25:10	12.68	1	-	1	-	18.00	1:25:10	12.68	1	-	1	-
Pleß	4.00	19:19	12.42	1	-	1	-	22.00	1:44:29	12.63	1	-	1	-
Festplatz	8.00	31:52	15.06	1	-	1	-	30.00	2:16:21	13.20	1	-	1	-