



12. Werraenergie Pleßlauf

Breitungen / 23.08.2015

Detailed evaluation

Lemuth, Hans-Martin

Club: Lauffreunde Metzels

Number: 565

Course: 21.10 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:54:22

Speed: 11.07 km/h

Rank in course/Total: 33 (of 67)

Rank in course/Men: 32 (of 60)

Best time in course: 1:24:32

Rank in category: 2(of 4)

Best time in the category: 1:48:46

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Pleß	13.00	1:18:29	9.94	2	3:55	35	22:43	13.00	1:18:29	9.94	2	3:55	35	22:43
Festplatz	8.10	35:53	13.54	2	1:41	22	7:07	21.10	1:54:22	11.07	2	5:36	32	29:50