



12. Werraenergie Pleßlauf

Breitungen / 23.08.2015

Detailed evaluation

Stöckert, Dieter

Club: Ostheim

Number: 325

Course: 30.00 km

30 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:29:08

Speed: 12.07 km/h

Rank in course/Total: 10 (of 29)

Rank in course/Men: 9 (of 22)

Best time in course: 1:43:45

Rank in category: 1(of 3)

Best time in the category: 2:29:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Pleß	18.00	1:32:52	11.63	2	1:59	10	29:12	18.00	1:32:52	11.63	2	1:59	10	29:12
Pleß	4.00	21:28	11.18	1	-	7	6:40	22.00	1:54:20	11.55	1	-	8	35:52
Festplatz	8.00	34:48	13.79	2	1:15	8	9:31	30.00	2:29:08	12.07	2	24:42	11	45:23