



12. Werraenergie Pleßlauf

Breitungen / 23.08.2015

Detailed evaluation

Jurkschat, Uta

Club: Rennsteiglaufverein

Number: 314

Course: 30.00 km

30 km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:35:32

Speed: 11.57 km/h

Rank in course/Total: 13 (of 29)

Rank in course/Women: 2 (of 7)

Best time in course: 2:16:21

Rank in category: 1(of 2)

Best time in the category: 2:35:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Pleß	18.00	1:36:38	11.18	1	-	2	11:28	18.00	1:36:38	11.18	1	-	2	11:28
Pleß	4.00	22:12	10.81	1	-	2	2:53	22.00	1:58:50	11.11	1	-	2	14:21
Festplatz	8.00	36:42	13.08	1	-	2	4:50	30.00	2:35:32	11.57	1	-	2	19:11