



12. Werraenergie Pleßlauf

Breitungen / 23.08.2015

Detailed evaluation

Seel, Birgit

Club: Urlaub in Deimbach

Number: 539

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:08:24

Speed: 9.81 km/h

Rank in course/Total: 53 (of 67)

Rank in course/Women: 5 (of 7)

Best time in course: 1:47:20

Rank in category: 3(of 4)

Best time in the category: 2:01:07

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------|-------|---------|-------|------|--------|-------|--------|-------|---------|-------|------|--------|-------|--------|
| | km | Time | km/h | Cat. | Cat. | Women | Women | km | Time | km/h | Cat. | Cat. | Women | Women |
| Pleß | 13.00 | 1:28:36 | 8.80 | 3 | 7:20 | 5 | 14:48 | 13.00 | 1:28:36 | 8.80 | 3 | 7:20 | 5 | 14:48 |
| Festplatz | 8.10 | 39:48 | 12.06 | 2 | 2:31 | 3 | 6:16 | 21.10 | 2:08:24 | 9.81 | 3 | 7:17 | 5 | 21:04 |