



12. Werraenergie Pleßlauf

Breitungen / 23.08.2015

Detailed evaluation

Geiß, Heiko

Club: TSV Oberstreu

Number: 304

Course: 30.00 km

30 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:40:15

Speed: 11.23 km/h

Rank in course/Total: 17 (of 29)

Rank in course/Men: 14 (of 22)

Best time in course: 1:43:45

Rank in category: 2(of 2)

Best time in the category: 2:11:57

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Pleß	18.00	1:33:15	11.58	1	-	11	29:35	18.00	1:33:15	11.58	1	-	11	29:35
Pleß	4.00	25:04	9.57	1	-	14	10:16	22.00	1:58:19	11.16	1	-	10	39:51
Festplatz	8.00	41:56	11.45	1	-	17	16:39	30.00	2:40:15	11.23	2	28:18	16	56:30