



12. Werraenergie Pleßlauf

Breitungen / 23.08.2015

Detailed evaluation

Krieghoff, Luise

Club: USV Erfurt

Number: 330

Course: 30.00 km

30 km Lauf

Category:

Frauen (20-29 Jahre)

Total time: 2:54:28

Speed: 10.32 km/h

Rank in course/Total: 19 (of 29)

Rank in course/Women: 4 (of 7)

Best time in course: 2:16:21

Rank in category: 2(of 2)

Best time in the category: 2:38:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Pleß	18.00	1:49:13	9.89	2	10:55	4	24:03	18.00	1:49:13	9.89	2	10:55	4	24:03
Pleß	4.00	24:58	9.61	2	1:51	4	5:39	22.00	2:14:11	9.84	2	12:46	4	29:42
Festplatz	8.00	40:17	11.92	2	3:07	4	8:25	30.00	2:54:28	10.32	2	15:53	4	38:07