



# 12. Werraenergie Pleßlauf

Breitungen / 23.08.2015

## Detailed evaluation

**Trautmann, Jürgen**

Club: Barchfeld

Number: 303

Course: 30.00 km

30 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:56:17

Speed: 10.21 km/h

Rank in course/Total: 21 (of 29)

Rank in course/Men: 17 (of 22)

Best time in course: 1:43:45

Rank in category: 2(of 3)

Best time in the category: 2:29:08

### Intermediate times

### Stage score

### Total ranking

Control	Split		Split km/h	Pos Cat.	Behind Cat.	Pos		Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	km	Time				Men	Men								
Pleß	18.00	1:49:15	9.89	3	18:22	17	45:35	18.00	1:49:15	9.89	3	18:22	17	45:35	
Pleß	4.00	24:44	9.70	2	3:16	12	9:56	22.00	2:13:59	9.85	2	19:39	14	55:31	
Festplatz	8.00	42:18	11.35	3	8:45	18	17:01	30.00	2:56:17	10.21	3	51:51	19	1:12:32	