



12. Werraenergie Pleßlauf

Breitungen / 23.08.2015

Detailed evaluation

Braun, Georg

Club: Bergstrassensprinter

Number: 317

Course: 30.00 km

30 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 3:08:07

Speed: 9.57 km/h

Rank in course/Total: 24 (of 29)

Rank in course/Men: 19 (of 22)

Best time in course: 1:43:45

Rank in category: 5(of 5)

Best time in the category: 2:17:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Pleß	18.00	1:53:34	9.51	5	21:23	20	49:54	18.00	1:53:34	9.51	5	21:23	20	49:54
Pleß	4.00	27:37	8.69	4	5:29	17	12:49	22.00	2:21:11	9.35	4	26:52	17	1:02:43
Festplatz	8.00	46:56	10.23	5	11:41	20	21:39	30.00	3:08:07	9.57	5	50:31	21	1:24:22