



17. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 20.06.2015

Detailed evaluation

Trefffurter Sperrachen Mix

Total time: 15:27:34

Number: 178

Speed: 10.90 km/h

Running performance: 5:30 min/km

Course: 168.50 km

Blankenstein-Hörschel

Rank in course: 157 (of 230)

Best time in course: 10:28:35

Category:

Rank in category: 33(of 73)

Mixstaffel

Best time in the category: 11:36:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:38:00	5:45	50	24:16	167	31:15	17.00	1:38:00	5:45	50	24:16	231	31:15
Schildwiese	19.20	1:33:34	4:52	29	26:31	121	27:24	36.20	3:11:34	5:17	36	50:44	231	56:25
Neuhaus	16.00	1:31:58	5:44	39	16:26	155	32:36	52.20	4:43:32	5:25	34	1:07:10	231	1:28:04
Masserberg	17.30	1:23:20	4:49	9	20:14	63	20:14	69.50	6:06:52	5:16	22	1:23:48	231	1:45:01
Allzunah	17.90	1:48:37	6:04	46	33:29	186	42:46	87.40	7:55:29	5:26	29	1:55:37	231	2:23:51
Grenzadler	20.00	1:57:15	5:51	67	47:28	215	47:28	107.40	9:52:44	5:31	39	2:39:21	231	3:06:56
Neue Ausspanne	13.40	1:14:50	5:35	24	18:18	129	26:00	120.80	11:07:34	5:31	37	2:56:52	231	3:30:44
Kleiner Inselsber	13.90	1:17:46	5:35	27	19:31	130	24:55	134.70	12:25:20	5:31	35	3:09:14	231	3:55:05
Hohe Sonne	18.80	1:48:02	5:44	58	37:55	193	39:43	153.50	14:13:22	5:33	36	3:41:10	231	4:33:55
Hörschel	15.00	1:14:12	4:56	20	20:48	95	25:06	168.50	15:27:34	5:30	33	3:50:48	158	4:58:59