



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

Detailed evaluation

Kenias letzte Reserve

Number: 222

Course: 168.50 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 14:31:01

Speed: 11.57 km/h
Running performance: 5:10 min/km

Rank in course: 97 (of 230)
Best time in course: 10:28:35

Rank in category: 79(of 144)
Best time in the category: 10:28:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:34:41	5:34	99	27:56	140	27:56	17.00	1:34:41	5:34	99	27:56	140	27:56
Schildwiese	19.20	1:32:44	4:49	85	26:34	114	26:34	36.20	3:07:25	5:10	89	52:16	119	52:16
Neuhaus	16.00	1:24:40	5:17	75	25:18	92	25:18	52.20	4:32:05	5:12	81	1:16:37	105	1:16:37
Masserberg	17.30	1:24:55	4:54	64	20:27	78	21:49	69.50	5:57:00	5:08	74	1:35:09	95	1:35:09
Allzunah	17.90	1:39:13	5:32	105	33:22	141	33:22	87.40	7:36:13	5:13	84	2:04:35	104	2:04:35
Grenzdler	20.00	1:33:05	4:39	52	21:57	77	23:18	107.40	9:09:18	5:06	74	2:23:30	93	2:23:30
Neue Ausspanne	13.40	1:00:26	4:30	21	11:36	25	11:36	120.80	10:09:44	5:02	64	2:32:54	81	2:32:54
Kleiner Inselsber	13.90	1:15:40	5:26	90	22:49	114	22:49	134.70	11:25:24	5:05	63	2:55:09	80	2:55:09
Hohe Sonne	18.80	1:43:27	5:30	112	35:08	160	35:08	153.50	13:08:51	5:08	74	3:29:24	92	3:29:24
Hörschel	15.00	1:22:10	5:28	110	33:04	154	33:04	168.50	14:31:01	5:10	80	4:02:26	98	4:02:26