



17. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 20.06.2015

Detailed evaluation

Runster

Total time: 14:46:18

Number: 90

Speed: 11.37 km/h

Running performance: 5:16 min/km

Course: 168.50 km

Blankenstein-Hörschel

Rank in course: 111 (of 230)

Best time in course: 10:28:35

Category:

Rank in category: 88(of 144)

Männerstaffel

Best time in the category: 10:28:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:38:13	5:46	113	31:28	169	31:28	17.00	1:38:13	5:46	113	31:28	169	31:28
Schildwiese	19.20	1:16:05	3:57	12	9:55	15	9:55	36.20	2:54:18	4:48	52	39:09	67	39:09
Neuhaus	16.00	1:30:03	5:37	102	30:41	138	30:41	52.20	4:24:21	5:03	65	1:08:53	83	1:08:53
Masserberg	17.30	1:26:06	4:58	68	21:38	84	23:00	69.50	5:50:27	5:02	62	1:28:36	79	1:28:36
Allzunah	17.90	1:36:11	5:22	90	30:20	118	30:20	87.40	7:26:38	5:06	69	1:55:00	87	1:55:00
Grenzadler	20.00	1:36:18	4:48	61	25:10	92	26:31	107.40	9:02:56	5:03	68	2:17:08	87	2:17:08
Neue Ausspanne	13.40	1:15:50	5:39	103	27:00	133	27:00	120.80	10:18:46	5:07	72	2:41:56	90	2:41:56
Kleiner Inselsber	13.90	1:21:18	5:50	118	28:27	162	28:27	134.70	11:40:04	5:11	80	3:09:49	99	3:09:49
Hohe Sonne	18.80	1:37:26	5:10	94	29:07	127	29:07	153.50	13:17:30	5:11	82	3:38:03	100	3:38:03
Hörschel	15.00	1:28:48	5:55	130	39:42	194	39:42	168.50	14:46:18	5:15	89	4:17:43	112	4:17:43