



# 17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

## Detailed evaluation

Coffee to go

Total time: 14:51:43

Number: 145

Speed: 11.30 km/h

Running performance: 5:17 min/km

Course: 168.50 km

Blankenstein-Hörschel

Rank in course: 117 (of 230)

Best time in course: 10:28:35

Category:

Rank in category: 93(of 144)

Männerstaffel

Best time in the category: 10:28:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:31:26	5:22	85	24:41	122	24:41	17.00	1:31:26	5:22	85	24:41	122	24:41
Schildwiese	19.20	1:51:41	5:49	135	45:31	205	45:31	36.20	3:23:07	5:36	130	1:07:58	188	1:07:58
Neuhaus	16.00	1:27:04	5:26	86	27:42	109	27:42	52.20	4:50:11	5:33	121	1:34:43	164	1:34:43
Masserberg	17.30	1:35:33	5:31	113	31:05	157	32:27	69.50	6:25:44	5:33	119	2:03:53	161	2:03:53
Allzunah	17.90	1:37:01	5:25	96	31:10	124	31:10	87.40	8:02:45	5:31	121	2:31:07	157	2:31:07
Grenzadler	20.00	1:40:51	5:02	89	29:43	133	31:04	107.40	9:43:36	5:26	115	2:57:48	154	2:57:48
Neue Ausspanne	13.40	1:06:00	4:55	53	17:10	64	17:10	120.80	10:49:36	5:22	105	3:12:46	138	3:12:46
Kleiner Inselsber	13.90	1:14:02	5:19	82	21:11	105	21:11	134.70	12:03:38	5:22	104	3:33:23	132	3:33:23
Hohe Sonne	18.80	1:32:09	4:54	64	23:50	88	23:50	153.50	13:35:47	5:18	97	3:56:20	123	3:56:20
Hörschel	15.00	1:15:56	5:03	81	26:50	108	26:50	168.50	14:51:43	5:17	94	4:23:08	118	4:23:08