



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

Detailed evaluation

Arthrose

Total time: 15:53:10

Number: 227

Speed: 10.58 km/h

Running performance: 5:40 min/km

Course: 168.50 km

Blankenstein-Hörschel

Rank in course: 177 (of 230)

Best time in course: 10:28:35

Category:

Rank in category: 43(of 73)

Mixstaffel

Best time in the category: 11:36:46

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:47:27	6:19	64	33:43	212	40:42	17.00	1:47:27	6:19	64	33:43	231	40:42
Schildwiese	19.20	1:39:15	5:10	41	32:12	156	33:05	36.20	3:26:42	5:42	56	1:05:52	231	1:11:33
Neuhaus	16.00	1:29:28	5:35	26	13:56	129	30:06	52.20	4:56:10	5:40	45	1:19:48	231	1:40:42
Masserberg	17.30	1:33:14	5:23	30	30:08	141	30:08	69.50	6:29:24	5:36	41	1:46:20	231	2:07:33
Allzunah	17.90	1:55:24	6:26	68	40:16	218	49:33	87.40	8:24:48	5:46	48	2:24:56	231	2:53:10
Grenzadler	20.00	1:45:30	5:16	52	35:43	162	35:43	107.40	10:10:18	5:40	49	2:56:55	231	3:24:30
Neue Ausspanne	13.40	1:14:09	5:32	22	17:37	121	25:19	120.80	11:24:27	5:39	42	3:13:45	231	3:47:37
Kleiner Inselsber	13.90	1:17:07	5:32	25	18:52	125	24:16	134.70	12:41:34	5:39	41	3:25:28	231	4:11:19
Hohe Sonne	18.80	1:50:39	5:53	63	40:32	206	42:20	153.50	14:32:13	5:40	45	4:00:01	231	4:52:46
Hörschel	15.00	1:20:57	5:23	30	27:33	141	31:51	168.50	15:53:10	5:39	43	4:16:24	178	5:24:35