



17. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 20.06.2015

Detailed evaluation

Koma Läufer

Total time: 14:55:54

Number: 114

Speed: 11.28 km/h

Running performance: 5:19 min/km

Course: 168.50 km

Blankenstein-Hörschel

Rank in course: 123 (of 230)

Best time in course: 10:28:35

Category:

Rank in category: 98(of 144)

Männerstaffel

Best time in the category: 10:28:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:37:24	5:43	107	30:39	157	30:39	17.00	1:37:24	5:43	107	30:39	157	30:39
Schildwiese	19.20	1:43:22	5:23	124	37:12	177	37:12	36.20	3:20:46	5:32	123	1:05:37	176	1:05:37
Neuhaus	16.00	1:21:56	5:07	55	22:34	67	22:34	52.20	4:42:42	5:24	105	1:27:14	139	1:27:14
Masserberg	17.30	1:32:43	5:21	104	28:15	134	29:37	69.50	6:15:25	5:24	104	1:53:34	135	1:53:34
Allzunah	17.90	1:32:49	5:11	78	26:58	97	26:58	87.40	7:48:14	5:21	99	2:16:36	124	2:16:36
Grenzadler	20.00	1:44:09	5:12	101	33:01	151	34:22	107.40	9:32:23	5:19	101	2:46:35	130	2:46:35
Neue Ausspanne	13.40	1:11:32	5:20	84	22:42	105	22:42	120.80	10:43:55	5:19	100	3:07:05	127	3:07:05
Kleiner Inselsber	13.90	1:17:23	5:34	98	24:32	127	24:32	134.70	12:01:18	5:21	102	3:31:03	129	3:31:03
Hohe Sonne	18.80	1:24:12	4:28	32	15:53	39	15:53	153.50	13:25:30	5:14	89	3:46:03	111	3:46:03
Hörschel	15.00	1:30:24	6:01	134	41:18	199	41:18	168.50	14:55:54	5:19	99	4:27:19	124	4:27:19