



17. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 20.06.2015

Detailed evaluation

VR Bank Coburger Frauen Express

Total time: 15:57:54

Number: 23

Speed: 10.52 km/h

Running performance: 5:41 min/km

Course: 168.50 km

Blankenstein-Hörschel

Rank in course: 182 (of 230)

Best time in course: 10:28:35

Category:

Rank in category: 5(of 13)

Frauenstaffel

Best time in the category: 12:48:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:42:47	6:02	8	20:25	192	36:02	17.00	1:42:47	6:02	8	20:25	231	36:02
Schildwiese	19.20	1:42:08	5:19	6	21:14	169	35:58	36.20	3:24:55	5:39	8	41:39	195	1:09:46
Neuhaus	16.00	1:37:28	6:05	7	30:20	184	38:06	52.20	5:02:23	5:47	8	1:11:59	231	1:46:55
Masserberg	17.30	1:34:21	5:27	5	15:31	146	31:15	69.50	6:36:44	5:42	6	1:27:30	231	2:14:53
Allzunah	17.90	1:38:52	5:31	5	20:39	134	33:01	87.40	8:15:36	5:40	6	1:48:09	231	2:43:58
Grenzdler	20.00	1:52:49	5:38	8	29:00	202	43:02	107.40	10:08:25	5:39	6	2:17:09	231	3:22:37
Neue Ausspanne	13.40	1:16:06	5:40	6	20:30	138	27:16	120.80	11:24:31	5:39	5	2:26:26	231	3:47:41
Kleiner Inselsber	13.90	1:31:28	6:34	11	28:13	215	38:37	134.70	12:55:59	5:45	6	2:45:21	231	4:25:44
Hohe Sonne	18.80	1:44:49	5:34	7	17:19	170	36:30	153.50	14:40:48	5:44	5	2:54:23	231	5:01:21
Hörschel	15.00	1:17:06	5:08	5	15:15	114	28:00	168.50	15:57:54	5:41	5	3:09:38	183	5:29:19