



17. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 20.06.2015

Detailed evaluation

SSV ERFURT 02 FRAUEN

Number: 133

Course: 168.50 km
Blankenstein-Hörschel

Category:
Frauenstaffel

Total time: 16:04:04

Speed: 10.46 km/h
Running performance: 5:43 min/km

Rank in course: 187 (of 230)

Best time in course: 10:28:35

Rank in category: 6(of 13)

Best time in the category: 12:48:16

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:36:33	5:40	5	14:11	148	29:48	17.00	1:36:33	5:40	5	14:11	231	29:48
Schildwiese	19.20	1:45:58	5:31	8	25:04	186	39:48	36.20	3:22:31	5:35	7	39:15	231	1:07:22
Neuhaus	16.00	1:33:48	5:51	6	26:40	164	34:26	52.20	4:56:19	5:40	6	1:05:55	231	1:40:51
Masserberg	17.30	1:42:32	5:55	7	23:42	194	39:26	69.50	6:38:51	5:44	7	1:29:37	231	2:17:00
Allzunah	17.90	1:39:59	5:35	6	21:46	146	34:08	87.40	8:18:50	5:42	7	1:51:23	231	2:47:12
Grenzadler	20.00	1:49:19	5:27	6	25:30	187	39:32	107.40	10:08:09	5:39	5	2:16:53	231	3:22:21
Neue Ausspanne	13.40	1:18:48	5:52	9	23:12	161	29:58	120.80	11:26:57	5:41	6	2:28:52	231	3:50:07
Kleiner Inselsber	13.90	1:23:54	6:02	8	20:39	182	31:03	134.70	12:50:51	5:43	5	2:40:13	231	4:20:36
Hohe Sonne	18.80	1:57:08	6:13	11	29:38	220	48:49	153.50	14:47:59	5:47	7	3:01:34	231	5:08:32
Hörschel	15.00	1:16:05	5:04	4	14:14	109	26:59	168.50	16:04:04	5:43	6	3:15:48	188	5:35:29