



17. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 20.06.2015

Detailed evaluation

X-Runners II

Total time: 12:03:37

Number: 166

Speed: 13.93 km/h

Running performance: 4:17 min/km

Course: 168.50 km

Blankenstein-Hörschel

Rank in course: 13 (of 230)

Best time in course: 10:28:35

Category:

Rank in category: 12(of 144)

Männerstaffel

Best time in the category: 10:28:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:17:09	4:32	18	10:24	23	10:24	17.00	1:17:09	4:32	18	10:24	23	10:24
Schildwiese	19.20	1:15:14	3:55	9	9:04	12	9:04	36.20	2:32:23	4:12	10	17:14	12	17:14
Neuhaus	16.00	1:12:24	4:31	19	13:02	20	13:02	52.20	3:44:47	4:18	8	29:19	9	29:19
Masserberg	17.30	1:18:28	4:32	27	14:00	31	15:22	69.50	5:03:15	4:21	12	41:24	14	41:24
Allzunah	17.90	1:17:30	4:19	14	11:39	16	11:39	87.40	6:20:45	4:21	10	49:07	11	49:07
Grenzadler	20.00	1:29:30	4:28	36	18:22	49	19:43	107.40	7:50:15	4:22	13	1:04:27	15	1:04:27
Neue Ausspanne	13.40	1:01:26	4:35	25	12:36	30	12:36	120.80	8:51:41	4:24	14	1:14:51	16	1:14:51
Kleiner Inselsber	13.90	55:21	3:58	4	2:30	4	2:30	134.70	9:47:02	4:21	13	1:16:47	14	1:16:47
Hohe Sonne	18.80	1:15:16	4:00	6	6:57	7	6:57	153.50	11:02:18	4:18	12	1:22:51	13	1:22:51
Hörschel	15.00	1:01:19	4:05	15	12:13	16	12:13	168.50	12:03:37	4:17	12	1:35:02	13	1:35:02