



17. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 20.06.2015

Detailed evaluation

Lauffreunde Weinbergen

Total time: 15:36:31

Number: 63

Speed: 10.76 km/h

Running performance: 5:34 min/km

Course: 168.50 km

Blankenstein-Hörschel

Rank in course: 161 (of 230)

Best time in course: 10:28:35

Category:

Rank in category: 124(of 144)

Männerstaffel

Best time in the category: 10:28:35

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Total | Behind Total | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Grumbach           | 17.00    | 1:41:35    | 5:58         | 126         | 34:50       | 187       | 34:50        | 17.00         | 1:41:35    | 5:58         | 126      | 34:50       | 187       | 34:50        |
| Schildwiese        | 19.20    | 1:57:24    | 6:06         | 142         | 51:14       | 219       | 51:14        | 36.20         | 3:38:59    | 6:02         | 144      | 1:23:50     | 219       | 1:23:50      |
| Neuhaus            | 16.00    | 1:28:38    | 5:32         | 94          | 29:16       | 120       | 29:16        | 52.20         | 5:07:37    | 5:53         | 139      | 1:52:09     | 205       | 1:52:09      |
| Masserberg         | 17.30    | 1:22:27    | 4:45         | 49          | 17:59       | 56        | 19:21        | 69.50         | 6:30:04    | 5:36         | 124      | 2:08:13     | 170       | 2:08:13      |
| Allzunah           | 17.90    | 1:30:47    | 5:04         | 70          | 24:56       | 84        | 24:56        | 87.40         | 8:00:51    | 5:30         | 117      | 2:29:13     | 152       | 2:29:13      |
| Grenzadler         | 20.00    | 1:50:23    | 5:31         | 124         | 39:15       | 191       | 40:36        | 107.40        | 9:51:14    | 5:30         | 121      | 3:05:26     | 163       | 3:05:26      |
| Neue Ausspanne     | 13.40    | 1:04:37    | 4:49         | 43          | 15:47       | 52        | 15:47        | 120.80        | 10:55:51   | 5:25         | 113      | 3:19:01     | 147       | 3:19:01      |
| Kleiner Inselsber  | 13.90    | 1:20:27    | 5:47         | 113         | 27:36       | 155       | 27:36        | 134.70        | 12:16:18   | 5:27         | 112      | 3:46:03     | 146       | 3:46:03      |
| Hohe Sonne         | 18.80    | 1:46:35    | 5:40         | 123         | 38:16       | 184       | 38:16        | 153.50        | 14:02:53   | 5:29         | 119      | 4:23:26     | 155       | 4:23:26      |
| Hörschel           | 15.00    | 1:33:38    | 6:14         | 137         | 44:32       | 208       | 44:32        | 168.50        | 15:36:31   | 5:33         | 125      | 5:07:56     | 162       | 5:07:56      |