



17. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 20.06.2015

Detailed evaluation

einfach laufen lassen

Number: 139

Course: 168.50 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 15:37:17

Speed: 10.75 km/h
Running performance: 5:34 min/km

Rank in course: 162 (of 230)

Best time in course: 10:28:35

Rank in category: 125(of 144)

Best time in the category: 10:28:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:42:02	6:00	128	35:17	189	35:17	17.00	1:42:02	6:00	128	35:17	189	35:17
Schildwiese	19.20	1:32:13	4:48	82	26:03	111	26:03	36.20	3:14:15	5:21	106	59:06	152	59:06
Neuhaus	16.00	1:35:28	5:58	121	36:06	176	36:06	52.20	4:49:43	5:33	119	1:34:15	162	1:34:15
Masserberg	17.30	1:33:39	5:24	108	29:11	143	30:33	69.50	6:23:22	5:30	114	2:01:31	155	2:01:31
Allzunah	17.90	1:28:07	4:55	58	22:16	68	22:16	87.40	7:51:29	5:23	107	2:19:51	134	2:19:51
Grenzadler	20.00	1:39:53	4:59	81	28:45	123	30:06	107.40	9:31:22	5:19	100	2:45:34	129	2:45:34
Neue Ausspanne	13.40	1:16:05	5:40	105	27:15	137	27:15	120.80	10:47:27	5:21	101	3:10:37	132	3:10:37
Kleiner Inselsber	13.90	1:19:16	5:42	108	26:25	147	26:25	134.70	12:06:43	5:23	106	3:36:28	135	3:36:28
Hohe Sonne	18.80	1:37:58	5:12	95	29:39	128	29:39	153.50	13:44:41	5:22	106	4:05:14	132	4:05:14
Hörschel	15.00	1:52:36	7:30	143	1:03:30	229	1:03:30	168.50	15:37:17	5:33	126	5:08:42	163	5:08:42