



17. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 20.06.2015

Detailed evaluation

Team Wadenkrampf Berlin

Total time: 16:05:09

Number: 116

Speed: 10.44 km/h

Running performance: 5:44 min/km

Course: 168.50 km

Blankenstein-Hörschel

Rank in course: 189 (of 230)

Best time in course: 10:28:35

Category:

Rank in category: 134(of 144)

Männerstaffel

Best time in the category: 10:28:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:42:56	6:03	130	36:11	193	36:11	17.00	1:42:56	6:03	130	36:11	193	36:11
Schildwiese	19.20	1:52:01	5:50	136	45:51	206	45:51	36.20	3:34:57	5:56	143	1:19:48	215	1:19:48
Neuhaus	16.00	1:46:10	6:38	140	46:48	211	46:48	52.20	5:21:07	6:09	144	2:05:39	218	2:05:39
Masserberg	17.30	1:39:06	5:43	120	34:38	173	36:00	69.50	7:00:13	6:02	144	2:38:22	215	2:38:22
Allzunah	17.90	1:42:44	5:44	117	36:53	161	36:53	87.40	8:42:57	5:59	140	3:11:19	207	3:11:19
Grenzadler	20.00	1:44:06	5:12	100	32:58	150	34:19	107.40	10:27:03	5:50	138	3:41:15	203	3:41:15
Neue Ausspanne	13.40	1:13:27	5:28	89	24:37	113	24:37	120.80	11:40:30	5:47	137	4:03:40	196	4:03:40
Kleiner Inselsber	13.90	1:24:03	6:02	127	31:12	183	31:12	134.70	13:04:33	5:49	137	4:34:18	197	4:34:18
Hohe Sonne	18.80	1:38:17	5:13	98	29:58	131	29:58	153.50	14:42:50	5:45	136	5:03:23	192	5:03:23
Hörschel	15.00	1:22:19	5:29	111	33:13	157	33:13	168.50	16:05:09	5:43	135	5:36:34	190	5:36:34