



# 17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

## Detailed evaluation

Die 10 Hermunduren

Number: 229

Course: 168.50 km  
Blankenstein-Hörschel

Category:  
Mixstaffel

Total time: 16:40:25

Speed: 10.08 km/h

Running performance: 5:56 min/km

Rank in course: 211 (of 230)

Best time in course: 10:28:35

Rank in category: 61(of 73)

Best time in the category: 11:36:46

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Total | Behind Total | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Grumbach           | 17.00    | 1:41:21    | 5:57         | 54          | 27:37       | 183       | 34:36        | 17.00         | 1:41:21    | 5:57         | 54       | 27:37       | 231       | 34:36        |
| Schildwiese        | 19.20    | 1:36:35    | 5:01         | 35          | 29:32       | 138       | 30:25        | 36.20         | 3:17:56    | 5:28         | 43       | 57:06       | 163       | 1:02:47      |
| Neuhaus            | 16.00    | 1:46:41    | 6:40         | 62          | 31:09       | 212       | 47:19        | 52.20         | 5:04:37    | 5:50         | 57       | 1:28:15     | 231       | 1:49:09      |
| Masserberg         | 17.30    | 1:34:34    | 5:27         | 34          | 31:28       | 149       | 31:28        | 69.50         | 6:39:11    | 5:44         | 50       | 1:56:07     | 231       | 2:17:20      |
| Allzunah           | 17.90    | 1:57:38    | 6:34         | 70          | 42:30       | 221       | 51:47        | 87.40         | 8:36:49    | 5:54         | 55       | 2:36:57     | 231       | 3:05:11      |
| Grenzadler         | 20.00    | 2:16:21    | 6:49         | 70          | 1:06:34     | 227       | 1:06:34      | 107.40        | 10:53:10   | 6:04         | 67       | 3:39:47     | 231       | 4:07:22      |
| Neue Ausspanne     | 13.40    | 1:18:46    | 5:52         | 35          | 22:14       | 160       | 29:56        | 120.80        | 12:11:56   | 6:03         | 62       | 4:01:14     | 231       | 4:35:06      |
| Kleiner Inselsber  | 13.90    | 1:21:23    | 5:51         | 41          | 23:08       | 165       | 28:32        | 134.70        | 13:33:19   | 6:02         | 61       | 4:17:13     | 231       | 5:03:04      |
| Hohe Sonne         | 18.80    | 1:45:18    | 5:36         | 50          | 35:11       | 175       | 36:59        | 153.50        | 15:18:37   | 5:59         | 62       | 4:46:25     | 231       | 5:39:10      |
| Hörschel           | 15.00    | 1:21:48    | 5:27         | 36          | 28:24       | 148       | 32:42        | 168.50        | 16:40:25   | 5:56         | 61       | 5:03:39     | 212       | 6:11:50      |