



17. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 20.06.2015

Detailed evaluation

Mühlhäuser Laufmäuse

Total time: 16:46:34

Number: 106

Speed: 10.01 km/h

Running performance: 5:58 min/km

Course: 168.50 km

Blankenstein-Hörschel

Rank in course: 213 (of 230)

Best time in course: 10:28:35

Category:

Rank in category: 10(of 13)

Frauenstaffel

Best time in the category: 12:48:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:43:37	6:05	9	21:15	195	36:52	17.00	1:43:37	6:05	9	21:15	231	36:52
Schildwiese	19.20	1:30:59	4:44	4	10:05	103	24:49	36.20	3:14:36	5:22	5	31:20	231	59:27
Neuhaus	16.00	1:50:20	6:53	13	43:12	219	50:58	52.20	5:04:56	5:50	9	1:14:32	231	1:49:28
Masserberg	17.30	1:46:47	6:10	11	27:57	212	43:41	69.50	6:51:43	5:55	9	1:42:29	231	2:29:52
Allzunah	17.90	1:50:57	6:11	10	32:44	200	45:06	87.40	8:42:40	5:58	9	2:15:13	231	3:11:02
Grenzadler	20.00	2:01:32	6:04	12	37:43	220	51:45	107.40	10:44:12	5:59	9	2:52:56	231	3:58:24
Neue Ausspanne	13.40	1:21:04	6:02	11	25:28	182	32:14	120.80	12:05:16	6:00	9	3:07:11	231	4:28:26
Kleiner Inselsber	13.90	1:24:29	6:04	9	21:14	188	31:38	134.70	13:29:45	6:00	9	3:19:07	231	4:59:30
Hohe Sonne	18.80	1:51:08	5:54	9	23:38	207	42:49	153.50	15:20:53	5:59	10	3:34:28	231	5:41:26
Hörschel	15.00	1:25:41	5:42	10	23:50	178	36:35	168.50	16:46:34	5:58	10	3:58:18	214	6:17:59