



# 17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

## Detailed evaluation

Hainich Heinis

Total time: 16:30:14

Number: 129

Speed: 10.18 km/h

Running performance: 5:53 min/km

Course: 168.50 km

Blankenstein-Hörschel

Rank in course: 204 (of 230)

Best time in course: 10:28:35

Category:

Rank in category: 139(of 144)

Männerstaffel

Best time in the category: 10:28:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:39:54	5:52	121	33:09	179	33:09	17.00	1:39:54	5:52	121	33:09	179	33:09
Schildwiese	19.20	1:52:23	5:51	138	46:13	209	46:13	36.20	3:32:17	5:51	142	1:17:08	212	1:17:08
Neuhaus	16.00	1:42:37	6:24	135	43:15	204	43:15	52.20	5:14:54	6:01	140	1:59:26	213	1:59:26
Masserberg	17.30	1:44:13	6:01	134	39:45	200	41:07	69.50	6:59:07	6:01	143	2:37:16	213	2:37:16
Allzunah	17.90	1:48:24	6:03	132	42:33	185	42:33	87.40	8:47:31	6:02	141	3:15:53	210	3:15:53
Grenzadler	20.00	1:48:39	5:25	122	37:31	184	38:52	107.40	10:36:10	5:55	140	3:50:22	207	3:50:22
Neue Ausspanne	13.40	1:20:21	5:59	125	31:31	177	31:31	120.80	11:56:31	5:55	140	4:19:41	206	4:19:41
Kleiner Inselsber	13.90	1:22:01	5:54	123	29:10	172	29:10	134.70	13:18:32	5:55	140	4:48:17	205	4:48:17
Hohe Sonne	18.80	1:48:49	5:47	132	40:30	200	40:30	153.50	15:07:21	5:54	142	5:27:54	209	5:27:54
Hörschel	15.00	1:22:53	5:31	112	33:47	160	33:47	168.50	16:30:14	5:52	140	6:01:39	205	6:01:39