



# 17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

## Detailed evaluation

Fitness Arena Running Team

Total time: 17:18:38

Number: 12

Speed: 9.71 km/h

Running performance: 6:10 min/km

Course: 168.50 km

Blankenstein-Hörschel

Rank in course: 224 (of 230)

Best time in course: 10:28:35

Category:

Rank in category: 70(of 73)

Mixstaffel

Best time in the category: 11:36:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:35:42	5:37	40	21:58	145	28:57	17.00	1:35:42	5:37	40	21:58	231	28:57
Schildwiese	19.20	1:50:13	5:44	57	43:10	198	44:03	36.20	3:25:55	5:41	55	1:05:05	231	1:10:46
Neuhaus	16.00	1:28:47	5:32	22	13:15	122	29:25	52.20	4:54:42	5:38	44	1:18:20	231	1:39:14
Masserberg	17.30	1:32:03	5:19	27	28:57	130	28:57	69.50	6:26:45	5:33	40	1:43:41	231	2:04:54
Allzunah	17.90	1:58:47	6:38	71	43:39	222	52:56	87.40	8:25:32	5:47	49	2:25:40	231	2:53:54
Grenzadler	20.00	2:18:30	6:55	71	1:08:43	228	1:08:43	107.40	10:44:02	5:59	61	3:30:39	231	3:58:14
Neue Ausspanne	13.40	1:19:29	5:55	39	22:57	166	30:39	120.80	12:03:31	5:59	60	3:52:49	231	4:26:41
Kleiner Inselsber	13.90	1:43:24	7:26	71	45:09	227	50:33	134.70	13:46:55	6:08	66	4:30:49	231	5:16:40
Hohe Sonne	18.80	1:58:11	6:17	68	48:04	221	49:52	153.50	15:45:06	6:09	69	5:12:54	231	6:05:39
Hörschel	15.00	1:33:32	6:14	58	40:08	207	44:26	168.50	17:18:38	6:09	70	5:41:52	225	6:50:03