



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

Detailed evaluation

Rennsteigoldies -7clicks Runners

Total time: 13:40:04

Number: 197

Speed: 12.29 km/h

Running performance: 4:52 min/km

Course: 168.50 km

Blankenstein-Hörschel

Rank in course: 47 (of 230)

Best time in course: 10:28:35

Category:

Rank in category: 8(of 73)

Mixstaffel

Best time in the category: 11:36:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:29:43	5:16	27	15:59	99	22:58	17.00	1:29:43	5:16	27	15:59	231	22:58
Schildwiese	19.20	1:37:46	5:05	39	30:43	147	31:36	36.20	3:07:29	5:10	27	46:39	231	52:20
Neuhaus	16.00	1:24:34	5:17	13	9:02	91	25:12	52.20	4:32:03	5:12	20	55:41	231	1:16:35
Masserberg	17.30	1:23:49	4:50	10	20:43	68	20:43	69.50	5:55:52	5:07	18	1:12:48	231	1:34:01
Allzunah	17.90	1:29:34	5:00	11	14:26	78	23:43	87.40	7:25:26	5:05	15	1:25:34	231	1:53:48
Grenzadler	20.00	1:24:07	4:12	11	14:20	30	14:20	107.40	8:49:33	4:55	12	1:36:10	231	2:03:45
Neue Ausspanne	13.40	1:03:57	4:46	6	7:25	46	15:07	120.80	9:53:30	4:54	9	1:42:48	231	2:16:40
Kleiner Inselsber	13.90	1:10:28	5:04	12	12:13	71	17:37	134.70	11:03:58	4:55	9	1:47:52	58	2:33:43
Hohe Sonne	18.80	1:28:11	4:41	15	18:04	63	19:52	153.50	12:32:09	4:53	10	1:59:57	231	2:52:42
Hörschel	15.00	1:07:55	4:31	5	14:31	50	18:49	168.50	13:40:04	4:52	8	2:03:18	48	3:11:29