



17. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 20.06.2015

Detailed evaluation

Sömmerdaer Gipfelstürmer

Total time: 12:43:40

Number: 62

Speed: 13.20 km/h

Running performance: 4:32 min/km

Course: 168.50 km

Blankenstein-Hörschel

Rank in course: 22 (of 230)

Best time in course: 10:28:35

Category:

Rank in category: 18(of 144)

Männerstaffel

Best time in the category: 10:28:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:09:21	4:04	3	2:36	3	2:36	17.00	1:09:21	4:04	3	2:36	3	2:36
Schildwiese	19.20	1:15:49	3:56	11	9:39	14	9:39	36.20	2:25:10	4:00	4	10:01	6	10:01
Neuhaus	16.00	1:30:05	5:37	104	30:43	140	30:43	52.20	3:55:15	4:30	18	39:47	22	39:47
Masserberg	17.30	1:24:48	4:54	63	20:20	77	21:42	69.50	5:20:03	4:36	23	58:12	27	58:12
Allzunah	17.90	1:23:51	4:41	31	18:00	39	18:00	87.40	6:43:54	4:37	23	1:12:16	28	1:12:16
Grenzadler	20.00	1:31:53	4:35	47	20:45	69	22:06	107.40	8:15:47	4:36	25	1:29:59	30	1:29:59
Neue Ausspanne	13.40	52:52	3:56	5	4:02	5	4:02	120.80	9:08:39	4:32	22	1:31:49	27	1:31:49
Kleiner Inselsber	13.90	1:02:36	4:30	18	9:45	21	9:45	134.70	10:11:15	4:32	20	1:41:00	25	1:41:00
Hohe Sonne	18.80	1:23:58	4:27	31	15:39	38	15:39	153.50	11:35:13	4:31	19	1:55:46	23	1:55:46
Hörschel	15.00	1:08:27	4:33	47	19:21	55	19:21	168.50	12:43:40	4:31	19	2:15:05	23	2:15:05