



17. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 20.06.2015

Detailed evaluation

DKB-Rennsteigexpress

Total time: 13:07:44

Number: 2

Speed: 12.80 km/h

Running performance: 4:40 min/km

Course: 168.50 km

Blankenstein-Hörschel

Rank in course: 30 (of 230)

Best time in course: 10:28:35

Category:

Rank in category: 25(of 144)

Männerstaffel

Best time in the category: 10:28:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:31:44	5:23	87	24:59	125	24:59	17.00	1:31:44	5:23	87	24:59	125	24:59
Schildwiese	19.20	1:24:14	4:23	41	18:04	53	18:04	36.20	2:55:58	4:51	56	40:49	72	40:49
Neuhaus	16.00	1:15:04	4:41	28	15:42	29	15:42	52.20	4:11:02	4:48	41	55:34	48	55:34
Masserberg	17.30	1:18:27	4:32	26	13:59	30	15:21	69.50	5:29:29	4:44	33	1:07:38	38	1:07:38
Allzunah	17.90	1:25:05	4:45	38	19:14	46	19:14	87.40	6:54:34	4:44	28	1:22:56	34	1:22:56
Grenzadler	20.00	1:25:08	4:15	21	14:00	33	15:21	107.40	8:19:42	4:39	26	1:33:54	31	1:33:54
Neue Ausspanne	13.40	1:10:34	5:15	80	21:44	98	21:44	120.80	9:30:16	4:43	29	1:53:26	34	1:53:26
Kleiner Inselsber	13.90	1:10:00	5:02	56	17:09	67	17:09	134.70	10:40:16	4:45	29	2:10:01	34	2:10:01
Hohe Sonne	18.80	1:28:11	4:41	48	19:52	63	19:52	153.50	12:08:27	4:44	32	2:29:00	37	2:29:00
Hörschel	15.00	59:17	3:57	10	10:11	11	10:11	168.50	13:07:44	4:40	26	2:39:09	31	2:39:09