



17. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 20.06.2015

Detailed evaluation

X-Runners III

Total time: 14:08:33

Number: 151

Speed: 11.88 km/h

Running performance: 5:02 min/km

Course: 168.50 km

Blankenstein-Hörschel

Rank in course: 76 (of 230)

Best time in course: 10:28:35

Category:

Rank in category: 14(of 73)

Mixstaffel

Best time in the category: 11:36:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:26:14	5:04	16	12:30	72	19:29	17.00	1:26:14	5:04	16	12:30	73	19:29
Schildwiese	19.20	1:27:31	4:33	17	20:28	78	21:21	36.20	2:53:45	4:47	13	32:55	231	38:36
Neuhaus	16.00	1:17:04	4:48	3	1:32	36	17:42	52.20	4:10:49	4:48	6	34:27	231	55:21
Masserberg	17.30	1:24:22	4:52	13	21:16	74	21:16	69.50	5:35:11	4:49	5	52:07	231	1:13:20
Allzunah	17.90	1:50:12	6:09	53	35:04	197	44:21	87.40	7:25:23	5:05	14	1:25:31	231	1:53:45
Grenzadler	20.00	1:32:44	4:38	24	22:57	76	22:57	107.40	8:58:07	5:00	14	1:44:44	77	2:12:19
Neue Ausspanne	13.40	1:20:01	5:58	41	23:29	171	31:11	120.80	10:18:08	5:07	15	2:07:26	231	2:41:18
Kleiner Inselsber	13.90	1:11:06	5:06	14	12:51	77	18:15	134.70	11:29:14	5:07	15	2:13:08	231	2:58:59
Hohe Sonne	18.80	1:25:23	4:32	10	15:16	48	17:04	153.50	12:54:37	5:02	14	2:22:25	231	3:15:10
Hörschel	15.00	1:13:56	4:55	19	20:32	93	24:50	168.50	14:08:33	5:02	14	2:31:47	77	3:39:58