



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

Detailed evaluation

m&i-Fachklinik

Total time: 14:32:06

Number: 234

Speed: 11.56 km/h

Running performance: 5:11 min/km

Course: 168.50 km

Blankenstein-Hörschel

Rank in course: 100 (of 230)

Best time in course: 10:28:35

Category:

Rank in category: 17(of 73)

Mixstaffel

Best time in the category: 11:36:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:44:14	6:07	58	30:30	198	37:29	17.00	1:44:14	6:07	58	30:30	231	37:29
Schildwiese	19.20	1:29:43	4:40	21	22:40	96	23:33	36.20	3:13:57	5:21	42	53:07	231	58:48
Neuhaus	16.00	1:20:01	5:00	7	4:29	54	20:39	52.20	4:33:58	5:14	23	57:36	231	1:18:30
Masserberg	17.30	1:35:03	5:29	36	31:57	152	31:57	69.50	6:09:01	5:18	23	1:25:57	231	1:47:10
Allzunah	17.90	1:37:11	5:25	26	22:03	129	31:20	87.40	7:46:12	5:20	22	1:46:20	231	2:14:34
Grenzdler	20.00	1:30:43	4:32	15	20:56	54	20:56	107.40	9:16:55	5:11	19	2:03:32	231	2:31:07
Neue Ausspanne	13.40	1:12:54	5:26	18	16:22	110	24:04	120.80	10:29:49	5:12	18	2:19:07	231	2:52:59
Kleiner Inselsber	13.90	1:15:41	5:26	21	17:26	115	22:50	134.70	11:45:30	5:14	19	2:29:24	231	3:15:15
Hohe Sonne	18.80	1:33:52	4:59	26	23:45	98	25:33	153.50	13:19:22	5:12	16	2:47:10	231	3:39:55
Hörschel	15.00	1:12:44	4:50	17	19:20	83	23:38	168.50	14:32:06	5:10	17	2:55:20	101	4:03:31