



17. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 20.06.2015

Detailed evaluation

Lessau Ludwig (L)Aufzug

Total time: 13:57:54

Number: 100

Speed: 12.03 km/h

Running performance: 4:58 min/km

Course: 168.50 km

Blankenstein-Hörschel

Rank in course: 65 (of 230)

Best time in course: 10:28:35

Category:

Rank in category: 49(of 144)

Männerstaffel

Best time in the category: 10:28:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:31:14	5:22	83	24:29	119	24:29	17.00	1:31:14	5:22	83	24:29	119	24:29
Schildwiese	19.20	1:22:04	4:16	30	15:54	39	15:54	36.20	2:53:18	4:47	48	38:09	61	38:09
Neuhaus	16.00	1:18:13	4:53	34	18:51	40	18:51	52.20	4:11:31	4:49	43	56:03	50	56:03
Masserberg	17.30	1:24:58	4:54	65	20:30	79	21:52	69.50	5:36:29	4:50	43	1:14:38	50	1:14:38
Allzunah	17.90	1:28:06	4:55	57	22:15	67	22:15	87.40	7:04:35	4:51	39	1:32:57	46	1:32:57
Grenzadler	20.00	1:28:26	4:25	32	17:18	45	18:39	107.40	8:33:01	4:46	32	1:47:13	39	1:47:13
Neue Ausspanne	13.40	1:09:40	5:11	73	20:50	90	20:50	120.80	9:42:41	4:49	34	2:05:51	42	2:05:51
Kleiner Inselsber	13.90	1:12:39	5:13	75	19:48	93	19:48	134.70	10:55:20	4:51	38	2:25:05	46	2:25:05
Hohe Sonne	18.80	1:47:50	5:44	127	39:31	191	39:31	153.50	12:43:10	4:58	48	3:03:43	64	3:03:43
Hörschel	15.00	1:14:44	4:58	74	25:38	98	25:38	168.50	13:57:54	4:58	50	3:29:19	66	3:29:19