



17. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 20.06.2015

Detailed evaluation

FC Deutsche Post Mix

Total time: 15:14:50

Number: 4

Speed: 11.02 km/h

Running performance: 5:26 min/km

Course: 168.50 km

Blankenstein-Hörschel

Rank in course: 142 (of 230)

Best time in course: 10:28:35

Category:

Rank in category: 29(of 73)

Mixstaffel

Best time in the category: 11:36:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.00	1:37:51	5:45	48	24:07	164	31:06	17.00	1:37:51	5:45	48	24:07	231	31:06
Schildwiese	19.20	1:33:07	4:50	27	26:04	116	26:57	36.20	3:10:58	5:16	34	50:08	231	55:49
Neuhaus	16.00	1:31:48	5:44	36	16:16	152	32:26	52.20	4:42:46	5:25	32	1:06:24	231	1:27:18
Masserberg	17.30	1:16:51	4:26	4	13:45	22	13:45	69.50	5:59:37	5:10	19	1:16:33	231	1:37:46
Allzunah	17.90	1:51:20	6:13	56	36:12	202	45:29	87.40	7:50:57	5:23	24	1:51:05	231	2:19:19
Grenzadler	20.00	1:44:19	5:12	48	34:32	153	34:32	107.40	9:35:16	5:21	30	2:21:53	231	2:49:28
Neue Ausspanne	13.40	1:24:57	6:20	53	28:25	204	36:07	120.80	11:00:13	5:27	32	2:49:31	231	3:23:23
Kleiner Inselsber	13.90	1:03:35	4:34	4	5:20	27	10:44	134.70	12:03:48	5:22	26	2:47:42	231	3:33:33
Hohe Sonne	18.80	1:49:13	5:48	62	39:06	202	40:54	153.50	13:53:01	5:25	28	3:20:49	231	4:13:34
Hörschel	15.00	1:21:49	5:27	37	28:25	150	32:43	168.50	15:14:50	5:25	29	3:38:04	143	4:46:15