



12. Town & Country Rennsteigquerung

Welterbe-Luther-Region / 28.06.2015

Detailed evaluation

Lemuth, Hans-Martin

Club: Lauffreunde Metzels

Number: 330

Course: 21.10 km

Halbmarathon (Lauf)

Category:

Senioren M55

Total time: 1:48:23

Speed: 11.63 km/h

Running performance: 5:08 min/km

Rank in course/Total: 36 (of 79)

Rank in course/Men: 35 (of 64)

Best time in course: 1:15:25

Rank in category: 5(of 11)

Best time in the category: 1:26:53