



12. Town & Country Rennsteigquerung

Welterbe-Luther-Region / 28.06.2015

Detailed evaluation

Frenz, Sascha

Club: Moorgrund Power mit Pummpälz

Number: 211

Course: 21.10 km

Halbmarathon (Lauf)

Category:

Senioren M30

Total time: 1:52:48

Speed: 11.17 km/h

Running performance: 5:21 min/km

Rank in course/Total: 44 (of 79)

Rank in course/Men: 41 (of 64)

Best time in course: 1:15:25

Rank in category: 9(of 11)

Best time in the category: 1:15:25