



12. Town & Country Rennsteigquerung

Welterbe-Luther-Region / 28.06.2015

Detailed evaluation

Lesser, Steffen

Club: Bosch Eisenach

Number: 510

Course: 10.00 km

Viertelmarathon (Lauf)

Category:

Senioren M40

Total time: 54:10

Speed: 11.08 km/h

Running performance: 5:25 min/km

Rank in course/Total: 4 (of 55)

Rank in course/Men: 4 (of 39)

Best time in course: 44:20

Rank in category: 2(of 5)

Best time in the category: 49:09