



12. Town & Country Rennsteigquerung

Welterbe-Luther-Region / 28.06.2015

Detailed evaluation

Kunast, René

Club: BW-Dermbach

Number: 514

Course: 10.00 km

Viertelmarathon (Lauf)

Category:

Senioren M50

Total time: 55:18

Speed: 10.85 km/h

Running performance: 5:32 min/km

Rank in course/Total: 5 (of 55)

Rank in course/Men: 5 (of 39)

Best time in course: 44:20

Rank in category: 1(of 6)

Best time in the category: 55:18