



12. Town & Country Rennsteigquerung

Welterbe-Luther-Region / 28.06.2015

Detailed evaluation

Amstein, Fredo

Club: Wahns

Number: 314

Course: 21.10 km

Halbmarathon (Lauf)

Category:

Senioren M55

Total time: 2:26:55

Speed: 8.58 km/h

Running performance: 6:58 min/km

Rank in course/Total: 79 (of 79)

Rank in course/Men: 64 (of 64)

Best time in course: 1:15:25

Rank in category: 11(of 11)

Best time in the category: 1:26:53