



12. Town & Country Rennsteigquerung

Welterbe-Luther-Region / 28.06.2015

Detailed evaluation

Bierau, Astrid

Club: Moorgrund Power mit Pummpälz
Number: 303

Course: 21.10 km
Halbmarathon (NordicWalking)

Category:
Frauen Nordic Walking

Total time: 3:01:54

Speed: 6.96 km/h
Running performance: 8:37 min/km

Rank in course/Total: 24 (of 39)
Rank in course/Women: 11 (of 22)
Best time in course: 2:35:18

Rank in category: 11(of 22)
Best time in the category: 2:35:18