



12. Town & Country Rennsteigquerung

Welterbe-Luther-Region / 28.06.2015

Detailed evaluation

Laig, Uwe

Club: TV Hohne

Number: 108

Course: 44.00 km

Marathon

Category:

Senioren M55

Total time: 5:24:28

Speed: 8.14 km/h

Running performance: 7:22 min/km

Rank in course/Total: 17 (of 19)

Rank in course/Men: 15 (of 16)

Best time in course: 3:10:30

Rank in category: 4(of 4)

Best time in the category: 3:43:46