



12. Town & Country Rennsteigquerung

Welterbe-Luther-Region / 28.06.2015

Detailed evaluation

Wöhner, Ralf

Club: Merkers

Number: 505

Course: 10.00 km

Viertelmarathon (Lauf)

Category:

Senioren M50

Total time: 58:10

Speed: 10.32 km/h

Running performance: 5:49 min/km

Rank in course/Total: 14 (of 55)

Rank in course/Men: 13 (of 39)

Best time in course: 44:20

Rank in category: 3(of 6)

Best time in the category: 55:18