



12. Town & Country Rennsteigquerung

Welterbe-Luther-Region / 28.06.2015

Detailed evaluation

Grützmacher, Ansgar

Club: Vacha

Number: 405

Course: 10.00 km

Viertelmarathon (Lauf)

Category:

Senioren M45

Total time: 58:26

Speed: 10.27 km/h

Running performance: 5:50 min/km

Rank in course/Total: 16 (of 55)

Rank in course/Men: 15 (of 39)

Best time in course: 44:20

Rank in category: 3(of 7)

Best time in the category: 44:52